CCSAP News

estember 2019 Newsletter



- September Marks the 30th Anniversary of **Recovery Month**
- CCSAP Task Force at National Night Out-**Shout out to Victor Foster!**
- **Jones County MATT Program**
- Decoding What's Behind the Vapor; **E-Cigarettes**
- CCSAP working with OHLA/Onslow **Health Equity Workgroup**
- CCSAP 12 Month Action Plan 2019-2020

September 1st-30th is **National Recovery Month**



JOIN THE VOICES FOR RECOVERY: **TOGETHER WE ARE STRONGER**

recoverymonth.gov



In 2019, the Substance Abuse and Mental Health Services Administration (SAMHSA) celebrates the 30th anniversary of National Recovery Month (Recovery Month), marking three decades of spreading the message that treatment is effective, and people can and do recover—every day.

Through the years, Recovery Month has promoted and supported new evidence-based treatment and recovery practices, the strong and proud recovery community, and dedication of service providers and community members across the nation who make recovery in all its forms possible.

During the 30th anniversary of Recovery Month, communities across the nation will reflect on their positive strides and their plans to make recovery support services more accessible so people can live meaningful and productive lives. Over the years, recovery-oriented organizations have also played an essential role in states, cities, towns, and neighborhoods to help countless people start and sustain their recovery.

National Night Out (NNO)-Special Thanks to Victor Foster



Special shout out to Victor Foster for helping the Onslow Task Force at NNO and helping complete surveys. He was accidentally left out of our August Newsletter! Thanks, Victor for your dedication





Jones County MATT Program

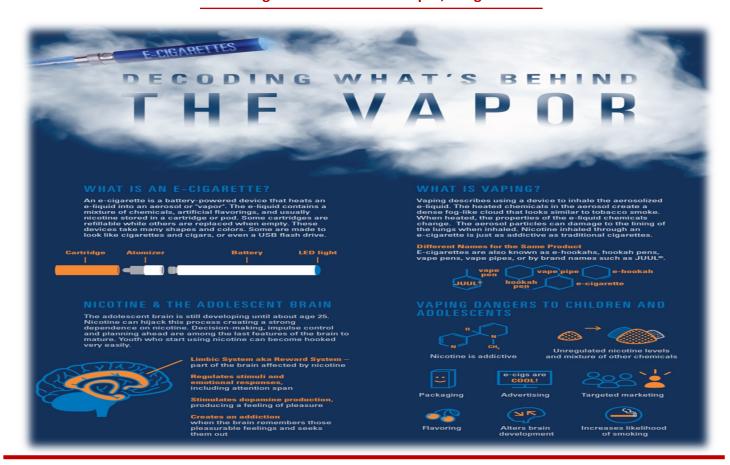


Jones County MATT program (Making Addiction Transparent Together), continues to make a difference for their residents. In combating the opioid crisis, the program was developed in 2017 by the Fothergill family after losing a son to opioid addiction. The program is credentialed as a 501(c) 3 organization that operates solely from donations and community support. They offer grief support through monthly meetings, collaborating with NC Harm Reduction.

The organization provides overdose rescue kits free of charge to assist in the prevention of loss of life, and intervention practices are offered for families through needed resource materials to bring education about the disease.

All are welcome to attend MATT monthly meetings at Triune Holiness Church in Maysville NC at 6:30 pm on the fourth Sunday monthly. Visit their website at www.btransparent.org, or email stoppingthestigmas@gmail.com with questions. They also can be reached by telephone at (252) 452 6280. Brochures are available at the following locations; Jones County Sheriff's Department, Jones County Health Department, Realo Discount Drugs in Trenton and Pollocksville.

Decoding What's Behind the Vapor; E-Cigarettes



CCSAP working with OHLA/Onslow Health Equity Workgroup

CCSAP has embarked on a new partnership with the Onslow Hispanic Latino Association (OHLA)/Onslow Health
Equity Work Group. This partnership will work within the community by identifying and combining groups with similar goals and initiatives. We hope to be able to help provide substance abuse prevention education and awareness to targeted populations, especially those who are high risk, underserved, and have language barriers. Please let us know if you would like to attend the meetings. They are held on the third Thursday of each month at 5:30pm at the Consolidated Human Services Building.

Please let Kelli know if interested.



CCSAP 12 Month Action Plan 2019-2020



CCSAP 12 Month Action Plan 2019-2020

DFC Goal One: Increase community collaboration

Objective 1: By October 30, 2020, increase by 4 percent, youth and adult participation in CCSAP's underage drinking initiatives which will be measured by increased attendance at task force meetings and coalition activities geared towards underage drinking and prescription drug misuse by youth. This will be measured through meeting and activity sign in sheets.

Strategy 1: Increase participation in activities designed to promote education and awareness related to underage drinking and the dangers associated with access and underage consumption by youth in grades 6-12.

Activity	Who is responsible?	By When?
Sticker Shock Campaign	SAPHE youth, Task Force	October 30, 2020
	members, Project	
	Coordinator,	
Conduct focus group with our	Task Force members, Health	October 30, 2020
local Hispanic OHLA group	Departments of Carteret,	
related to underage drinking	Craven, Jones, Onslow and	
and youth accessibility to	Pamlico counties, Youth	
alcohol		
Conduct youth/parent	Tamara Church, Task Forces	October 30, 2020
discussion related to underage		
drinking		

Strategy 2: Increase awareness related to prescription drug misuse by youth in grades 6-12 by CCSAP and its partners

Activity	Who is responsible?	By When?
Conduct a social media	Media coordinator	October 30, 2020
campaign with local health	Task forces, SAPHE youth,	
departments and schools,	Carteret, Craven, Jones,	
promoting the dangers of	Onslow and Pamlico Health	
youth prescription drug	Departments and school	
misuse. This will be	systems	
measured by Facebook	-	
metrics and analytics.		
Partner with the Hope	Task Forces, Project	October 30, 2020
Coalitions in Carteret,	Coordinator, Hope	
Craven, Jones, Onslow and	Coalitions, Opioid Task	
Pamlico counties and the	Forces, Project Director	
Opioid Task Forces of	_	
Carteret, Craven, Jones,		
Onslow and Pamlico counties		
to provide youth prescription		
drug misuse education.		

held at local YMCA's, Boys	
and Girls Clubs, Church	
Youth groups, and with DSS	
Foster Kids.	

Objective 3: To create a measurable benchmark for vaping usage among youth.

Strategy: To create a supplemental page on the Pride Surveys designed to measure vaping and ecigarettes usage and perception of harm.

Activity	Who is responsible?	By When?
Distribute the supplemental	Task Forces, Project	October 30, 2020
page with the PRIDE surveys,	Coordinator, local health	
then collect and analyze the	departments, SAPHE Youth,	
data	ECU Interns	
CCSAP will conduct parent	Task Forces, Project	October 30, 2020
and caregiver presentations	Coordinator	
related to vaping and vape		
products		
CCSAP will conduct a	Task Forces, Project	September 30, 2020
contest among youth with a	Coordinator, ECU Interns	
social media aspect related to		
videos depicting the dangers		
of vaping		

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DFC Goal 2: Reduce youth substance abuse

Objective 1: To reduce by 3% the number of youth in grades 6-12, who report easy accessibility to alcohol. This will be measured through PRIDE surveys and informal youth surveys in each county.

Strategy: To promote to parents and other adults how easily accessible alcohol is to youth in grades 6-12, and why it is so important that accessibility be more difficult.

Activity	Who is Responsible?	By When?
Conduct 2 parent and	SAPHE Youth, Task forces,	October 30, 2020
caregiver presentations per	Project Coordinator, coalition	
county in Carteret, Craven,	members, and Media	
Jones, Onslow and Pamlico	Coordinator will cover the	
counties related to the locking	event	
up of alcohol in the home		
Conduct alcohol purchase	Task Forces, East Carolina	October 30, 2020
surveys in Carteret, Craven,	University MPH interns,	
Jones, Onslow and Pamlico	coalition members, Project	
counties. Re-survey the stores	Director, Project Coordinator	
who fail to ask for proper		
identification		

Objective 2: To reduce by 2%, the number of youth in grades 6-12 who report having used prescription drugs not prescribed to them. This will be measured through the PRIDE surveys.

Strategy: Promote local prescription drop boxes in each county so community members know where to dispose of unused or expired medications

Activity	Who is responsible?	By When?
Work with local pharmacies	Task Forces, Project	October 30, 2020
to include our Project Med-	Coordinator, Media	
Drop bag tags on medication	Coordinator, local health	
bags when filled, showing	departments, SAPHE Youth	
where all medication drop		
boxes are. Measured by		
amount of bag tag tear away		
pads by pharmacists		
SAPHE Youth will hold	SAPHE Youth, Task Forces,	October 30, 2020
community youth talks on the	Project Coordinator	
dangers of using prescription		
medications not prescribed to		
them or overusing prescribed		
medications. These will be		







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AND PAMLICO

Contact us: www.ccsap.org or email: director@ccsap.org