

CCSAP News

August 2019 Newsletter



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"Little Vulcan" Donated by CCSAP's Onslow Task Force Helps Onslow County Sheriff's Office Destroy Drugs & More







On August 14, 2019, the Onslow County Sheriff's Office (OCSO) Crime Scene Investigations (CSI) Unit assisted Camp Lejeune and Cherry Point destroy evidence from old cases. According to N.C.G. S., evidence may be destroyed once a case goes to court and a judge authorizes the destruction. The evidence was destroyed by incineration, or a "drug burn." Destruction is the responsibility of the CSI Unit, who burn drugs, paraphernalia and evidence in small volume thanks to the "Little Vulcan," as shown in the photos.

The Vulcan is a portable, In-house drug disposal system. Easy to move and operate, the 55 gallon drum incinerators are used to destroy confiscated drugs, narcotics, contraband and other evidence. The Vulcan was donated to Onslow County Sheriff's Office by the Coastal Coalition for Substance Abuse Prevention (CCSAP). The Onslow Task Force is very happy to see it being utilized by OCSO!

CCSAP Task Forces Represented at National Night Out (NNO)



Jeff, Kelli, Sam & Catherine represented the Onslow CCSAP Task Force. 25 Parental Substance Abuse Surveys were collected and 75 Youth Substance Abuse Surveys were completed.



Brent represented Craven CCSAP
Task Force in Havelock, while Debbie
Hodges & Emily Elks represented at
Cove City National Night Out as well
as Tamara Gatlin!



Teen taking a survey at NNO.

It takes a great team and CCSAP Task Forces definitely stepped up and represented CCSAP's vision and mission. Way to go, team!

International Overdose Awareness Day August 31st



International Overdose Awareness Day is a global event held on August 31st each year and aims to raise awareness of overdose and reduce the stigma of a drug-related death. It also acknowledges the grief felt by families and friends remembering those who have died or had a permanent injury as a result of a drug overdose.

International Overdose Awareness Day spreads the message that the tragedy of overdose death is preventable.

Thousands of people die each year from a drug overdose. They come from all walks of life.

Do you recognize the signs and symptoms of overdose? What is the impact of drug use and overdose on family, friends and those experiencing it?

To learn more, visit: https://www.overdoseday.com/

Great Article on Substance Abuse Prevention and Its Importance on the Adolescent Brain

What is Prevention?

The earlier someone starts using substances, the greater their chances of developing substance use disorder; ninety percent of adults with a substance use disorder (SUD) started using alcohol or drugs before they turned 18.

Prevention efforts focus on delaying the age of first drug or alcohol use, or pushing it back as long as possible, whether alcohol, tobacco or marijuana—the most

commonly used substances among teens. The Adolescent Brain

The adolescent brain is in an amazing phase of rapid development—learning and growing all of the time This is why it's easier for young people to learn an instrument or speak a new language than it is for adults, but it also makes the adolescent brain more vulnerable to injury-including the harmful effects of alcohol and drugs. The brain continues to rapidly develop until a person is in their early to mid 20s, with the regions of the brain that control emotions and impulses and help us make decisions among the last to develop. This is why adolescents are more likely to take risks and make impulsive decisions, such as trying drugs and alcohol in the first place. Protecting the brain during this period of development is crucial to a person's overall health and dramatically reduces the risk of developing a substance use disorder later in life.

Risk & Protective Factors

As with many other diseases, vulnerability to substance use disorder (SUD) differs from person-to-person, and no single factor determines whether someone will become addicted to alcohol or drugs. In general, the more risk factors a person has, the greater the likelihood that using substances will lead to a SUD.

The risk factors associated with substance use disorder fall into 3 main categories:

- Individual
- Environmental

Genetic

Individual factors that put an adolescent at risk besides the age of first use include parental substance use, trauma, and a lack of social attachments.

Environmental factors include high drug availability, poverty, and exposure to violence.

Research suggests that genetic factors account for about half of a person's likelihood of developing a SUD. While we can't change our genetics, knowing about a family history of SUD can help empower us to make different decisions about our substance use.

For every risk factor, there is a protective factor to counter-balance it. Prevention focuses on strengthening the protective factors that we can control to decrease the likelihood that a person or community will struggle with addiction.

Need help? Worried about a loved one? Reach out. 1-833-301-HELP (4357) ww.addictionresourcecenter.org





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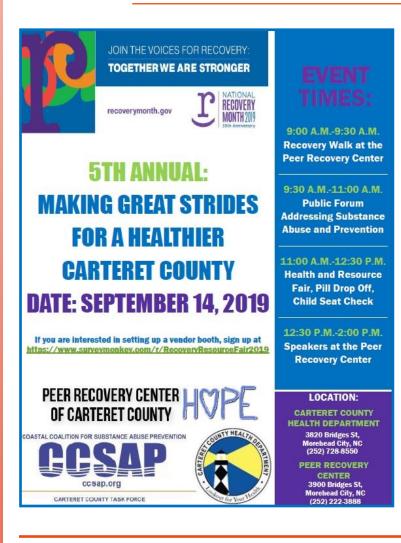
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Carteret Task Force is Teaming up with the Carteret Health Department for Their 5th Annual: Making Greater Strides for a Healthier Carteret County





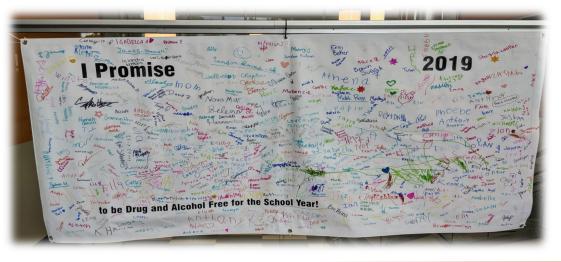
Join the Carteret Co Task Force for their 5th annual "Making Great Strides for a Healthier Carteret County" on Saturday, September 14th, 9:00am – 2:00pm at the Carteret County Health Department (3820 Bridges Street, Morehead City). This free event will celebrate September as recovery month and provide community members with information and resources on substance abuse prevention and recovery.

Activities include a recovery walk, health/resource fair, pill drop off, child seat checks, town hall forum with local officials (Law Enforcement, Health Director, Substance Abuse counselors, those in recovery, etc.).

Onslow's Task Force has had a great response to the 2019 "I Promise to be Drug and Alcohol Free for the School Year!" pledge. The banner has been signed at National Night Out and various other Onslow County Health Department Outreaches. It is proudly being displayed at Onslow County Health Department currently!



Onslow Task Force Has Great Response for the 2019 Drug & Alcohol Free Promise Sign







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