CCSAP NEWS

June 2018 Newsletter

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CCSAP Scholarship Winner: Joshua LeRay

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WINNER!



Joshua LeRay hails from Pollocksville, NC. He attended The Epiphany School of Global Studies and will be attending North Carolina State University in the Spring.

Short message from Josh and thank you: "I was honored to be a student representative on the

CCSAP board and participate in meetings to discuss awareness of substance abuse in our area. Attending different seminars and gatherings in the area for substance abuse prevention strengthened my awareness and ability to interact with others. I am honored that CCSAP chose me to be a part of their organization and looking forward to what the future brings".

CCSAP Intern-Madison Perdue Bio



CCSAP is grateful to have
Madison helping us work on its
mission! She has been a tremendous
asset to the organization!



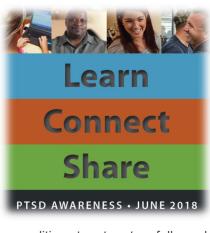
My name is Madison Perdue. I am currently an intern for CCSAP in the hopes to further my career in community prevention. Once my internship is over, I will have obtained my Bachelors of Science in Public Health from East Carolina University. I have always had a passion for working with people and love the challenge that this specific population poses. I look forward to providing CCSAP with all the skills and knowledge I have obtained during my time at ECU and to not just meet the expectations of the organization, but to go above and beyond these expectations.

National Safety Month 2018

Opioid-related deaths have reached epidemic levels. Part of the problem is, many people don't know they are taking an opioid, which include commonly prescribed drugs such as Vicodin and Percocet. It is important for doctors and patients to have a conversation about the medications being prescribed, the potential risks and whether an alternative non-opioid treatment may be more appropriate. Be proactive and make sure to talk to your health care professional about the medications you are taking and if they if they interfere with alcohol. Order labels for yourself or sheets of labels for your workplace.



PTSD Awareness Day (June 27th) & Substance Abuse



June is **PTSD Awareness Month** and June 27, 2016, was designated by the U.S. Senate as National PTSD Awareness Day. The National Center for PTSD is calling on the country to help raise awareness about the condition and to help inform others that there is treatment available.

Substance abuse and addiction along with PTSD can make it nearly impossible for men and women to hold a steady job, function in their family environment, go to school, or build satisfying personal relationships. It is critical that people seek help for all their

conditions to return to a full, productive and happy life.

For more information visit:

https://www.familyrecoveryspecialists.com/ptsd-awareness-recovery/

Underage drinking and outdoor activities: Risky Drinking Can Put a Chill on Your Summer Fun

Summer is a wonderful time for outdoor activities with family and friends. For many people, a day at the beach, on the boat, or at a backyard barbecue will include drinking alcoholic beverages. But risky drinking and summer activities don't mix. Drinking impairs both physical and mental abilities, and it also decreases inhibitions—which can lead to tragic consequences on the water, on the road, and in the great outdoors. In fact, research shows that up to 70 percent of all water recreation deaths of **teens** and adults involve any use of alcohol.



Common Consequences of Drinking and Outdoor Activities

- Swimmers Can Get in Over Their Heads
- Boaters Can Lose Their Bearings
- Drivers Can Go Off Course
- Dehydration Is a Risk
- Stay Safe and Stay Healthy

Full article can be found at: https://pubs.niaaa.nih.gov/publications/SummerSafety/SummerSafety.htm

Craven County Alcohol purchase survey analysis June 2018



CCSAP & the Onslow County Health Department Billboards Sponsorship



Awesome collaboration between CCSAP Onslow Task Force and the Onslow County Heath Department:

One of OCHD Action plans on targeted substance abuse and public education; In response, CCSAP and the Health Department sponsored the posting of six billboards in Onslow county, helping to create curiosity and awareness of the "Lock Your Meds" campaign.

CCSAP Carteret Task Force Dental Opioid Presentation



CCSAP's Carteret Task Force is helping to host a Dental Opioid Presentation July 17, 2018 in Morehead City. This program is being presented by Bill Claytor, Jr., DDS, MAGD. The training will provide practical, clinically relevant information on prescribing opioids safety in a dental setting.

CCSAP Board Members Feature

Starting something new! Each month, we will feature two or three CCSAP Board Members. This gives everyone a chance to shine and allows other board members to learn more about their fellow colleagues.

This month we are featuring Kitti Hardison and Victor Otis Foster, Sr. Enjoy!

Kitti Hardison

Kitti Hardison serves as the Community Relations Manager for United Way of Coastal Carolina. Kitti began her career at United Way over 20 years ago as the Associate Director. After a short period away from UWCC, she returned in 2007 to her current position overseeing a team of professionals and volunteers who determine how best to invest United Way dollars to achieve outcomes and then monitor those investments to ensure effective program delivery and results.

Kitti represents United Way on various boards, including the Emergency Food and Shelter Program Local Board, Juvenile Crime Prevention Council, Craven County Disaster Recovery Alliance and CCSAP.

Kitti has a bachelor's degree in English and Business Administration from East Carolina University and an associate's degree from Peace College. A native of New Bern, Kitti and her husband Robbie have four children ages 11 to 19.

Victor Otis Foster, Sr.

Victor Otis Foster, Sr. is currently working as an Prevention and Education Specialist for Marine and Family Programs at MCAS Cherry point, NC.

Victor is the Senior Pastor at the Church at Richlands - Ecclesia Ministries and the Ecclesia Empowerment Center in McLeansville, NC.

Victor Foster is married to Luvenia C. Foster and the father of Shalom, Victor Jr., and Thomas. He was born in Reidsville, NC and served 20yrs in the United States Marines. Victor Foster earned a Bachelor in Aeronautics, Master's in Education and PhD in Christian Counseling. He has pastored in Japan, Hawaii, Memphis and North Carolina. Victor continues mission work locally and internationally. Victor is also an published author of, *Spiritual Warfare-The Assassin of Souls*.

Amazon Smile Donation

Do you or someone you know buy items from Amazon? Are you a Prime Member? If you are, please remember to use the link and Operation Smile Charity option for CCSAP next time you make a purchase. Once per year, the AmazonSmile

Foundation issues donations to all registered organizations that have earned donations, even if the donation amount is below the \$5 minimum. It's a wonderful way to give back to CCSAP. Please share with friends and family!

Link: at http://smile.amazon.com/ch/27-2795012

Look for this when shopping on Amazon!







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