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CCSAP Scholarship Winner: Joshua LeRay

SCHOLARSHIP WINNER!



Joshua LeRay hails from Pollocksville, NC. He attended The Epiphany School of Global Studies and will be attending North Carolina State University in the Spring.

Short message from Josh and thank you: "I was honored to be a student representative on the

CCSAP board and participate in meetings to discuss awareness of substance abuse in our area. Attending different seminars and gatherings in the area for substance abuse prevention strengthened my awareness and ability to interact with others. I am honored that CCSAP chose me to be a part of their organization and looking forward to what the future brings".

CCSAP Intern-Madison Perdue Bio

intern BIO



CCSAP is grateful to have Madison helping us work on its mission! She has been a tremendous asset to the organization!


My name is Madison Perdue. I am currently an intern for CCSAP in the hopes to further my career in community prevention. Once my internship is over, I will have obtained my Bachelors of Science in Public Health from East Carolina University. I have always had a passion for working with people and love the challenge that this specific population poses. I look forward to providing CCSAP with all the skills and knowledge I have obtained during my time at ECU and to not just meet the expectations of the organization, but to go above and beyond these expectations.

National Safety Month 2018

Opioid-related deaths have reached epidemic levels. Part of the problem is, many people don't know they are taking an opioid, which include commonly prescribed drugs such as Vicodin and Percocet. It is important for doctors and patients to have a conversation about the medications being prescribed, the potential risks and whether an alternative non-opioid treatment may be more appropriate. Be proactive and make sure to talk to your health care professional about the medications you are taking and if they if they interfere with alcohol. Order labels for yourself or sheets of labels for your workplace.



PTSD Awareness Day (June 27th) & Substance Abuse



Learn

Connect

Share

PTSD AWARENESS • JUNE 2018

June is **PTSD Awareness Month** and June 27, 2016, was designated by the U.S. Senate as National PTSD Awareness Day. The National Center for PTSD is calling on the country to help raise awareness about the condition and to help inform others that there is treatment available.

Substance abuse and addiction along with PTSD can make it nearly impossible for men and women to hold a steady job, function in their family environment, go to school, or build satisfying personal relationships. It is critical that people seek help for all their conditions to return to a full, productive and happy life.

For more information visit:
<https://www.familyrecoveryspecialists.com/ptsd-awareness-recovery/>

Underage drinking and outdoor activities: Risky Drinking Can Put a Chill on Your Summer Fun

Summer is a wonderful time for outdoor activities with family and friends. For many people, a day at the beach, on the boat, or at a backyard barbecue will include drinking alcoholic beverages. But risky drinking and summer activities don't mix. Drinking impairs both physical and mental abilities, and it also decreases inhibitions—which can lead to tragic consequences on the water, on the road, and in the great outdoors. In fact, research shows that up to 70 percent of all water recreation deaths of **teens** and adults involve any use of alcohol.



Common Consequences of Drinking and Outdoor Activities

- Swimmers Can Get in Over Their Heads
- Boaters Can Lose Their Bearings
- Drivers Can Go Off Course
- Dehydration Is a Risk
- Stay Safe and Stay Healthy

Full article can be found at:
<https://pubs.niaaa.nih.gov/publications/SummerSafety/SummerSafety.htm>

Craven County Alcohol purchase survey analysis
June 2018

STOP!

UNDERAGE DRINKING





Results:

- Total stores surveyed: 87
- Asked for ID: 58.62%
- Didn't ask for ID: 40.23 %

| Date | Time of Day | Store Name | Address | Ask for ID: Y/N | Clerk name (if known) | Gender of Clerk | Product Name |
|-------|-------------|--------------------------------|---|-----------------|-----------------------|-----------------|---------------------------|
| 05/30 | 13:47 | Food Lion | | | | | |
| 05/30 | 13:48 | Speedway 7505 | 6701 NC Hwy 43, Vancleave, NC 28586 | Y | | | |
| 05/30 | 14:03 | Quick Stop Food Store 33 | 4101 NC Hwy 43, Vancleave, NC 28586 | Y | | | Double Wine |
| 05/30 | 14:10 | Handy Mart 60 | 3811 Hwy 43, Vancleave, NC 28586 | | | F | Ready Refresh |
| 05/30 | 14:14 | FAMILY Dollar 7508 | 250 Hwy 43, Vancleave, NC 28586 | Y | | F | Angry Orchard Cider |
| 05/30 | 14:22 | Kleen Supermarket | 8255 Main Street, Vancleave, NC 28586 | Y | | | |
| 05/30 | 14:42 | 2 Country Club Store and Grill | 2500 Main Street, Vancleave, NC 28586 | Y | | | |
| 05/30 | 14:54 | A and S Super N Store | 1025 Hwy 43, Vancleave, NC 28586 | Y | | F | Barnyard Wine |
| 05/30 | 15:08 | Mills Country Store | 5010 Hwy 17 North, Vancleave, NC 28586 | Y | | F | MD 210/20 Blue Raspberry |
| 05/30 | 15:22 | Market Food Shop 32 | 1700 Main Road, Vancleave, NC 28586 | N | | | Abbas Hard Lemonade Cider |
| 05/30 | 15:34 | Handy Mart 44 | 4101 Hwy 17 North, Vancleave, NC 28586 | Y | | Young F | Chutney Sea on the Beach |
| 05/30 | 15:44 | Dollar General Store 9525 | 9501 Hwy 17 North, Vancleave, NC 28586 | Y | | N | Four Loko |
| 05/30 | 15:52 | Speedway 8218 | 4101 Hwy 17 North, Vancleave, NC 28586 | Y | | N | Twisted Tea |
| | | | 28110 Hwy 17 North, Vancleave, NC 28586 | Y | | Young F | Arnold Palmer Spiced |
| | | | | | | F | Light Beer |
| | | | | | | | Seagrams Jamaican Mango |


CCSAP & the Onslow County Health Department Billboards Sponsorship



Awesome collaboration between CCSAP Onslow Task Force and the Onslow County Health Department:

One of OCHD Action plans on targeted substance abuse and public education; In response, CCSAP and the Health Department sponsored the posting of six billboards in Onslow county, helping to create curiosity and awareness of the “Lock Your Meds” campaign.

CCSAP Carteret Task Force Dental Opioid Presentation



PROGRAM DESCRIPTION

This educational program will provide practical, clinically relevant information on prescribing opioids safely in a dental setting, and will focus on strategies for reducing adverse outcomes resulting from inappropriate prescribing, misuse and abuse of opioids.

- Overview of the current opioid epidemic, including trends and prescription opioid misuse and abuse
- Management of common pain concerns without use or overreliance on opioids
- Strategies for setting boundaries with patients
- Prescribing for individuals with a substance use disorder


Program:
5:00 – 6:00pm
Dinner & Networking
6:00 – 8:00pm
Presentation

July 17, 2018
General Services Building
231 Business Dr.
Morehead City, NC


This is a FREE event and dinner is on us, but you must register to attend! Limited spaces available!

<https://www.eventbrite.com/e/opioid-prescribing-for-nc-dentists-carteret-county-tickets-45982100701>

Bill Claytor, Jr., DDS, MAGD has been serving Shelby, NC and the surrounding area for over 25 years. Dr. Claytor graduated from the UNC School of Dentistry in 1980 and did his residency at the Medical University of South Carolina. He is a Certified CDEE Trainer and has published in many periodicals and online on current dental and digital technologies. His career consistently demonstrates his commitment to continuing education in dentistry.



A synopsis of dental license renewal for 2018. All licensees who have a current DEA registration (MSD) complete an annual CE course of at least one hour that shall include, but not be limited to, instruction on controlled substance prescribing practices and controlled substance prescribing for chronic pain management.



CCSAP’s Carteret Task Force is helping to host a Dental Opioid Presentation July 17, 2018 in Morehead City. This program is being presented by Bill Claytor, Jr., DDS, MAGD. The training will provide practical, clinically relevant information on prescribing opioids safely in a dental setting.

CCSAP Board Members Feature

Starting something new! Each month, we will feature two or three CCSAP Board Members. This gives everyone a chance to shine and allows other board members to learn more about their fellow colleagues. This month we are featuring Kitti Hardison and Victor Otis Foster, Sr. Enjoy!



Kitti Hardison

Kitti Hardison serves as the Community Relations Manager for United Way of Coastal Carolina. Kitti began her career at United Way over 20 years ago as the Associate Director. After a short period away from UWCC, she returned in 2007 to her current position overseeing a team of professionals and volunteers who determine how best to invest United Way dollars to achieve outcomes and then monitor those investments to ensure effective program delivery and results.

Kitti represents United Way on various boards, including the Emergency Food and Shelter Program Local Board, Juvenile Crime Prevention Council, Craven County Disaster Recovery Alliance and CCSAP.

Kitti has a bachelor's degree in English and Business Administration from East Carolina University and an associate's degree from Peace College. A native of New Bern, Kitti and her husband Robbie have four children ages 11 to 19.

Victor Otis Foster, Sr.

Victor Otis Foster, Sr. is currently working as an Prevention and Education Specialist for Marine and Family Programs at MCAS Cherry point, NC.

Victor is the Senior Pastor at the Church at Richlands - Ecclesia Ministries and the Ecclesia Empowerment Center in McLeansville, NC.

Victor Foster is married to Luvenia C. Foster and the father of Shalom, Victor Jr., and Thomas. He was born in Reidsville, NC and served 20yrs in the United States Marines. Victor Foster earned a Bachelor in Aeronautics, Master's in Education and PhD in Christian Counseling. He has pastored in Japan, Hawaii, Memphis and North Carolina. Victor continues mission work locally and internationally. Victor is also an published author of, *Spiritual Warfare- The Assassin of Souls*.

Amazon Smile Donation

Do you or someone you know buy items from Amazon? Are you a Prime Member? If you are, please remember to use the link and Operation Smile Charity option for CCSAP next time you make a purchase. Once per year, the AmazonSmile

Foundation issues donations to all registered organizations that have earned donations, even if the donation amount is below the \$5 minimum. It's a wonderful way to give back to CCSAP. Please share with friends and family!

Link: at <http://smile.amazon.com/ch/27-2795012>

Look for this when shopping on Amazon!

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Would you like to change your charity to **Coastal Coalition for Substance Abuse Prevention CCSAP** ?

You are currently supporting **Operation Smile, Inc.** when you shop at smile.amazon.com.

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Yes, change my charity



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THE EASTERN NC
COUNTIES OF
CARTERET, CRAVEN
JONES, ONLSOW,
AND PAMLICO

Contact us: www.ccsap.org or email: director@ccsap.org