

RESOLVE TO

STAY DRUG-FREE IN

CCSAP

COASTAL COALITION FOR SUBSTANCE ABUSE PREVENTION

www.ccsap.org

monthly newsletter

2017

January 2017

Underage drinking, substance abuse addressed at Jones County Town Hall Meeting

Trenton - Coastal Coalition for Substance Abuse Prevention (CCSAP) and the Jones County Task Force co-sponsored a Town Hall Meeting on Dec. 8th at the Jones County Civic Center. Matt Knight, NC ALE Special Agent, was the guest speaker for the event, and Jim Frabutt gave opening remarks.

Knight, in his presentation entitled "When Love is

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Not Enough,” first educates parents on what red flags they should be looking for in their kids. He discusses what to look for in their bedrooms (items like weapons, torn plastic bags, syringes) and where to find them—think trash cans, baseball caps, shoes and pillowcases. Volunteers were called up to search the bedroom scene for these items.

After the volunteer demonstration is over, Knight shares stories of his work as an ALE Officer and even his personal stories of dealing with loved ones hooked on alcohol and drugs.



The presentation is incredibly moving and emotional, and it is relevant to everyone. CCSAP looks forward to working with Knight again in Onslow County and then Craven County over the next several months. Stay tuned for more information about these events—you should bring everyone you



know and love to his informative presentation.

The Jones County event was free and open to the public and was sponsored by CCSAP, Trillium Health Resources, the NC State Cooperative Extension, the Jones County Health Department and NC Alcohol Law Enforcement. Thank you to everyone who participated in this important presentation!







Jacksonville - CCSAP was honored to participate in New River Substance Abuse Program's "Stay in the Right Lane" event on Dec. 9th. Marines and sailors at Camp Lejeune were invited to experience a virtual reality simulator, a crash sled simulating a collision at 30 mph and "drunk cornhole," where participants wore distortion goggles while they tried to score a point.

CCSAP was onsite to pass out brochures, resource information and medication dropbox cards in hopes of promoting healthy low-risk choices to our active-duty marines and sailors. We would like to give Sam Lewis, Alcohol/Substance Abuse Prevention Specialist at MCCA Camp Lejeune-New River and Onslow County Task Force member, a special thank you for including us in this important event.



“Drunk” Cornhole



National Drug & Alcohol Facts Week is Jan. 23–29!

National Drug & Alcohol Facts Week links students with scientists and other experts to counteract the myths about drugs and alcohol that teens get from the internet, social media, TV, movies, music, or from friends. It was launched in 2010 by scientists at the National Institute on Drug Abuse (NIDA) to stimulate educational events in communities so teens can learn what

science has taught us about drug use and addiction. The National Institute on Alcohol Abuse and Alcoholism became a partner starting in 2016, and alcohol has been added as a topic area for the week. NIDA and NIAAA are part of the National Institutes of Health.

Events: Events have been held with a variety of organizations, including middle and high schools; local nonprofits and other community-based organizations; state and local health departments; PTAs; faith-based organizations; afterschool clubs; and more. Teens have credibility with their peers and play an important role in making sure the messages and activities will speak to other teens.

Drugs & Alcohol Chat Day: Do you have questions about drug abuse? NIDA scientists will be available that can help answer whatever you're curious about! CHAT Day this year is Jan. 26, and you only need a computer and internet access to participate. You could ask to reserve a space at lunch-time and order pizza while everyone asks questions about drug use. If you don't get your questions answered right away, check the transcript that gets posted a few days later. You can search for your answers by your user names.

To plan your event or to find out more, go to <https://teens.drugabuse.gov/national-drug-alcohol-facts-week/learn-about-national-drug-alcohol-facts-week>.



Are you a youth wanting to help?



If you are a student in Carteret, Craven, Pamlico, Jones or Onslow counties, YOU can make a difference! Contact the CCSAP office to discuss starting a S.A.P.H.E. (Substance Abuse Prevention Helps Everyone) committee at your school. S.A.P.H.E. kids help spread the word about underage drinking and prescription drug misuse through campaigns like Prom Pledge, Talk It Up/Lock It Up, and Sticker Shock. We will also be training and team-building at various locations. Call Dare or Moneka at 252-649-1615 to see how you can get involved.

UPCOMING EVENTS:

Please submit your Feb./March events to CCSAP Media Coordinator Dare Oliver at media@ccsap.org by the 25th of January for publication in the February newsletter.