



CCSAP News

2019 Newsletter



- Underage Drinking SNOWBALLS During December. Why?
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- CCSAP - Doing Well on Twitter
- CCSAP has its own AmazonSmile account!

Really great infographic we can use to illustrate why underage drinking goes up during December. Put a **CHILL** on underage drinking and help us spread the word.

First-time alcohol use by 12- to 17-year-olds peaks in December, June, and July. The infographic, titled "UNDERAGE DRINKING SNOWBALLS DURING DECEMBER.", uses a graph to depict the number of new alcohol users between the ages of 12 and 17 from January through December. The text displayed reads, "On an average December day, nearly 11,500 12- to 17-year-olds start drinking alcohol. The number of new users per day reaches similar peaks in June and July. For most other months, the average is between 5,000 and 8,000 new users per day."

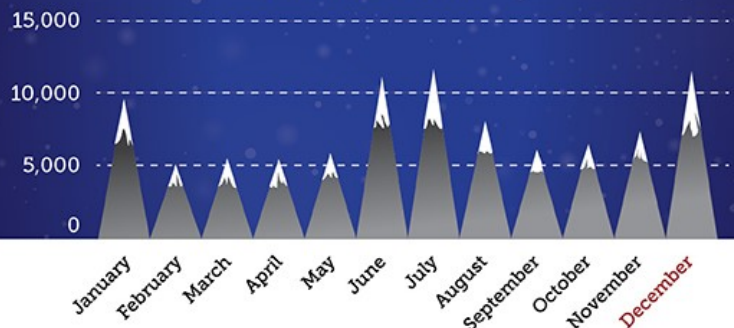


Underage Drinking SNOWBALLS During December. Why?

UNDERAGE DRINKING SNOWBALLS DURING DECEMBER.

On an average December day, nearly **11,500** 12- to 17-year-olds start drinking alcohol. The number of new users per day reaches similar peaks in June and July. For most other months, the average is between 5,000 and 8,000 new users per day.

Number of adolescents using alcohol for the first time on an average day, by month (2002–2010)*



Put a **CHILL** on underage drinking.
TALK with your kids about the consequences.
<http://www.underagedrinking.samhsa.gov>



*<http://www.samhsa.gov/data/sites/default/files/NSDUH080/NSDUH080/SR080InitiationSubstanceUse2012.htm>

More great info and article found at:

<https://www.stopalcoholabuse.gov/resources/Infographics/share.aspx?info=9>



Helping Teens Avoid Alcohol Abuse During the Holidays

Great article written by Newport Academy found at:

<https://www.newportacademy.com/resources/substance-abuse/drinking-during-the-holidays/>.

The article lists steps you can take to help protect teens from the risks associated with drinking during the holidays.

During the holiday season, accidents caused by alcohol consumption increase astronomically, and teen abuse of alcohol increases as well – if for no other reason than adult usage increases, which in turn increases teenagers' access to the substance.

When you consider the pressures of the holiday season, this is not surprising. Although meant to be fun and enjoyable, the holidays often can bring up old ghosts and demons of family conflict. For teenagers in particular, holidays trigger expectations of gifts, rewards, and positive outcomes. If such expectations fail to materialize, a teen can rebel in anger.

As a parent, you can help your teen avoid this outcome. Also, you can make sure your teen doesn't fall into the holiday traps of using alcohol as a form of celebration. By helping your teen avoid alcohol during the holidays, you are preventing what could be a potential disaster.



Save -The-Date: NC Prevention Conference 2020



SAVE-THE-DATE

**NORTH CAROLINA
PREVENTION
CONFERENCE**

May 5-6, 2020
McKimmon Center | Raleigh, NC

NCPreventionConference.org

Scholarship Application

This is a stipend application for the 2020 NC Substance Misuse Prevention Conference. Once completed, you will be alerted in January if you have received the award. If you receive a scholarship, you will be sent an email with a registration code for the scholarship.

Applications must be received by January 15, 2020 by 5:00pm to be considered.

Youth Stipend Application

If you are a youth ages 12-18 planning to attend the North Carolina Prevention Conference, you can complete this application to apply for a stipend registration for the event. For hotel rooms for youth, adult leaders may request the needed amount of rooms by emailing terri@impactcarolina.org. LIMITED rooms are available for youth and will be awarded on a first come, first serve basis.

Applications must be completed by January 15 to be considered for a registration stipend.

Questions? <https://ncpreventionconference.org/>

Great training opportunity to learn about teen substance misuse prevention. Scholarships are available for professionals in the field as well as youth who are interested in becoming more involved in teen substance misuse prevention.



CCSAP - Doing Well on Twitter

CCSAP's Twitter page has gained important engagements and shares on social media. Some examples are Yale Child Study Center, Yale Pediatrics, Red Ribbon, and Newport Academy. This is great news, as we are getting our mission and word out about our work and organization.



CCSAP has its own AmazonSmile account!

Don't forget when shopping on Amazon, to use CCSAP's AmazonSmile account. This charity helps to bring money back to our organization, simply by shopping and doing what you would normally do. It takes minutes to set up and makes a huge impact for CCSAP. Simply go to: <https://org.amazon.com/> to register. Now is the time to sign up and start contributing during the holiday and shopping season!

